

Information on 5K Race

Date/Time:

June 19, 2010
Race Starts at 8:30 AM

Location:

Tanglewood Park
Clemmons, NC

Registration and Packet Pick-Up:

June 19, 2010
7:00 to 8:15 AM
Shelter #1 Tanglewood Park

Entry Fees:

\$20.00 Until June 14th
\$25.00 After June 14th
use *Active.com* \$18.00

Race Includes:

NEW Custom Designed T-Shirt
(guaranteed to first 120 entrants)
Post Race Refreshments

Questions:

Call Tom Pritchard
(336) 766-1628
pritchtg@bellsouth.net

Course:

USATF Certified
Starts and finishes at Shelter #1
Course takes you through scenic,
beautiful Tanglewood Park

Awards Ceremony:

Upon completion of Race by all Runners

Presentation to

Top Overall Male and Female

by Keith Davis of

Fleet Feet in Winston Salem, NC

Overall: Top Three Male
Top Three Females

Age groups: 19 and under, 20-29, 30-34,
35-39, 40-44, 45-49, 50-59, and 60 and over.

No duplicate awards.

Race to benefit:

Carolina Donor Services

Clemmons Rotary
"Donate Life"

Organ and Tissue Initiative

There will be sign-ups for new or renewal donor commitments the day of the race.

FLEET FEET
Sports

for additional information

clemmonsrotary5k.com

or

active.com / search word: clemmons

or

twincitytc.org

Application
Clemmons Rotary 5K

Complete & Return to: Clemmons Rotary Club, P.O. Box 1776, Clemmons, NC 27012

Phone: Tom Pritchard (336) 766-1628 Make checks Payable to : Clemmons Rotary Club Race

Entry Fee \$20.00 through June 12, 2010 and \$25.00 thereafter

Name: _____ Address: _____

City: _____ State: _____ Zip _____ I am enclosing \$ _____

Date of Birth: _____ Age Race Day _____ Sex: _____ T-Shirt Size: S M L XL

Emergency Contract (Name & Phone): _____

E-mail Address: _____

WAIVER: I know that running a road race is a potentially hazardous activity. I would not enter and run unless I am Medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete this run. I assume all risks associated with running in this race, including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act, waive, release, and will hold harmless the Clemmons Rotary Club, all other sponsors, and all the events, employees, officers, directors and volunteers working for those entities from all claims and liabilities of any kind, including claims of negligence, arising out of or related to my participation in this race. I understand that I may not wear headphones or use or participate in the race with a dog, baby jogger or bicycle. Signature of Entrant: _____ Date _____ Signature of Parent or Guardian if Under 18: _____ Date _____